

Health Care

Goal 1: Affordable, quality health care for every lowan

Strategies:

- 1.1: Provide more health care coverage for Iowa children
- 1.2: Develop and implement a state capacity to enable small employers to have access to health insurance (pre-tax) for their employees
- 1.3: Devise and implement multiple strategies to address workforce shortages throughout the health care continuum, including strategies for recruitment and retention

Goal 2: Improve access to mental health services for all lowans

Strategies:

- 2.1: Develop and implement statewide *Emergency Mental Health Services* with guidance from an Inter-agency Emergency Health Collaborative of Consumers
- 2.2: Develop and implement *Children's Mental Health* and *School Mental Health Services* with guidance from the Mental Health, Mental Retardation, Developmental Disabilities, and Brain Injury Commission (MHMRDDBI)
- 2.3: Develop system-wide capacity to serve individuals with co-occurring mental health and substance abuse disorders
- 2.4: Expand the use of telemedicine as a means to provide access to mental health care

Goal 3: Helping lowans by promoting wellness and independence as they age

Strategies:

- 3.1: Expand the availability of quality affordable Home and Community-based services (HCBS) to enable lowans to stay in their homes and communities
- 3.2: Empower lowans to overcome barriers to selecting healthier foods and physical activity in the home, workplace and community
- 3.3: Develop and implement policies and programs that will reduce tobacco use among adults and youth
- 3.4: Increase access to immunizations for children 0-18
- 3.5: Improve the dental support system for all lowans